

Project #1 Cheyenne River Youth Project

FINAL PERFORMANCE REPORT

AWARD YEARS 2016 FORWARD

A Final Performance Report must be received within 90 days after the end of the grant agreement. You are required to report on the administration of the agreement and each project approved within the agreement. The completed Final Performance Report will be posted to the AMS website.

FINAL PROJECT REPORT TEMPLATE

Final Performance Reports must illustrate the completion of each project within the grant agreement. Each project shall be outlined as separate project profiles. You will report on projects in the same order they were submitted in the approved application and subsequent amendments.

PROJECT INFORMATION

Project Title	Growing Healthier Lakota Youth by Increasing Natural Food Knowledge & Consumption		
Recipient Organization Name:	Cheyenne River Youth Project		
Period of Performance:	Start Date:	9/30/2019	End Date: 9/29/2022
Recipient's Project Contact			
Name:	Julie Garreau		
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Email:	Julie.cryp@gmail.com		

PERFORMANCE NARRATIVE

PROJECT BACKGROUND

Provide enough information for the reader to understand the importance or context of the project. This section may draw from the background and justification contained in the approved project proposal.

The Cheyenne River Youth Project increased Lakota teen's knowledge and consumption of fresh fruits and vegetables by engaging them in Food Sovereignty and Social Enterprise Internships that provided intensive and hands on opportunities to learn about healthy eating through gardening, cooking and learning to make smart nutrition choices. Our 3+ acre Winyan Toka Win (Leading Lady) garden served as our learning laboratory. The pandemic prevented us from launching the new Keya Food Truck and we paused sales through the Leading Lady Farm Stand and gave a significant amount of the food we grew away to the community to help alleviate the high cost of food and often time empty shelves.

ACTIVITIES PERFORMED

Address the below sections as they relate to the entire project's period of performance.

OBJECTIVES

Provide the approved project's objectives.

#	Objective	Completed?
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		Yes	No*
1	40 teens will complete Food Sovereignty Internships	X	
2	40 teens will complete Social Enterprise Internships		X
3	Launch the Keya Food Truck		X
4	Launch the Leading Lady Farm Stand in a new mobile location		X
4	Feed 1200 youth from the garden	X	

**If no is selected for any of the listed objectives, you must expand upon this in the challenges and lessons learned sections.*

ACCOMPLISHMENTS

List your accomplishments for the project's period of performance, including the impact they had on the project's beneficiaries, and indicate how these accomplishments assist in the fulfillment of your project's objective(s), outcome(s), and/or indicator(s).

#	Accomplishment or Impact	Relevance to Objective, Outcome, and/or Indicator
1	98 have completed over 3 years 14 cohorts of interns completed the 2 week 50-hour program and earned \$500. Classes included: Gardening 101, Traditional Plants, Weeding Properly, Winter Crops, Plant Identification, Harvesting & Weighing, and Processing Produce, among others.	Objective 1: 40 teens will complete Food Sovereignty internships.
2	16 completed over 3 years. 4 cohorts of interns completed the 2 week 50-hour program and earned \$500. Classes included. Baking basics, Native Business Owners, Barista training, Smoothie basics, and the importance of buying local to building strong local economies, among others.	Objective 2: 40 teens will complete Social Enterprise internships The ongoing Covid-19 challenges have had a negative impact on the social enterprise internship program. We increased the number of food sovereignty internships to continue to serve teens as this is a safer way to engage them in programming due to the outdoor nature of the activities.
3	Not achieved due to ongoing challenges of Covid-19 and hiring challenges	Objective 3: The Keya Food Truck will be launched and operated as an additional access point for our specialty crops The Keya Food Truck (now named Turtle Island Food & Coffee Truck) could not be launched, impacting the number of access points for our specialty crops.
4	Not achieved due to ongoing challenges of Covid-19.	Objective 4: The Leading Lady Farm Stand will move to a new mobile location along with the Keya Food Truck. Operations of the Leading Lady Farm Stand were suspended. With the pausing of opening the food truck, we did not have a mobile location to operate. This impacted the number of access points for our specialty crops.
5	Despite not being open for our wide slate of programming for youth ages 4-18 due to Covid-19, CRYP continued to ensure they had access to a hot,	Objective 5: Feed 1,200 youth food from our garden

#	Accomplishment or Impact	Relevance to Objective, Outcome, and/or Indicator
	healthy meal nearly each night. Nearly 5,000 meals were served during the grant period.	CRYP incorporated food from the garden into our take home meals.

CHALLENGES AND DEVELOPMENTS

Provide any challenges to the completion of your project or any positive developments outside of the project's original intent that you experienced during this project. Also, provide the corrective actions you took to address these issues. If you did not attain an approved objectives, outcome(s), and/or indicator(s), provide an explanation in the Corrective Actions column.

#	Challenge or Development	Corrective Action or Project Change
1	No challenges occurred with Objective 1	N/A
2	With the limited operations of our social enterprises due to Covid-19, facilitating Social Enterprise Internships was a significant challenge. Due to COVID-19 CRYP kept our facilities closed to youth ages 4-12 for most of the reporting period, as well as limited the programming offered to those ages 13-18.	Due to the significant time spent outside and the ability to social distance, the Food Sovereignty Internship was deemed the safest for teens to participate in. Additional Food Sovereignty Intern replaced Social Enterprise Interns as our social enterprises remained closed.
3	The ongoing pandemic hindered our ability to open the Turtle Island Food & Coffee Truck due to safety issues and the inability to hire staff to support it. The housing shortage on Cheyenne River that prevented us from recruiting new staff from outside the community.	Launch of food truck is now postponed to the Summer of 2023. Consequently, food from the 2022 harvest was not used in this enterprise. We were able to process some of the food into jarred items like salsa, pickles, jellies, etc. that were sold through our Keya Gift Shop.
4	The ongoing pandemic hindered our ability to open the Turtle Island Food & Coffee Truck which consequently impacted our ability to launch the mobile farm stand.	Please see above.

LESSONS LEARNED

Provide recommendations or advice that others may use to improve their performance in implementing similar projects.

Over the last three years, it has become very clear how essential CRYP is to our community. We have become adept at taking things day by day and we have become super flexible and adaptable to a constantly changing environment. We have learned that things can and will change from day to day, sometimes minute by minute, and we must be ready to change and adapt to whatever comes our way. In this way, we are learning how resilient we are as an organization and what we are capable of under unprecedented challenges. We also deepened our understanding of how resilient our youth are, how they adapted to circumstances outside their control and continued to come to CRYP despite all the Covid restrictions, to learn, use their hands, and experience what it is like to grow food. We are listening to these youth and are committed to giving them access to opportunities that will help them continue to grow and develop into the leaders our community needs.

For other organizations working at the intersection of youth programming and food sovereignty and resiliency, our advice is just to listen to the youth and respond accordingly. Let the youth lead the way in terms of the programming you offer, and never underestimate their abilities to do hard things. With the proliferation of social media, good and bad, our youth are beginning to see a different way of living and being Indigenous and are slowly beginning to understand they have a place here as well. Design your programs to reflect their interests, challenge their assumptions, and create openings for their future. Don't be afraid to dream big and never underestimate how

experiences, no matter how small, can really impact a young person. Small things really can make a big difference. Create a strong partnership with the community to help recruit local volunteers for the garden and share in the harvest. Learn to process the food you grow into value added products that can be sold to further your mission, and make sure to engage the youth throughout the process to add to their knowledge. Create a robust national volunteer program and tap into diverse networks to attract more volunteers.

CONTINUATION AND DISSEMINATION OF RESULTS (IF APPLICABLE)

Describe your plans for continuing the project (sustainability; capacity building) and/or disseminating the project results.

CRYP is in the middle of a research project that will provide CRYP and the Cheyenne River community with an assessment of our food security that will contribute to the body of knowledge about how to build a resilient future for the Cheyenne River Sioux Tribe. We will share these results and create changes in our programming where needed to address the findings of the study. We will continue to fundraise to support the long-term sustainability of the work.

BENEFICIARIES

Number of project beneficiaries:2500

OUTCOME(S) AND INDICATOR(S)/SUB-INDICATOR(S)

Provide the results of the project outcome(s) and indicator(s) as approved in your application and project proposal. The results of the outcome(s) and indicator(s) will be used to evaluate the performance of the Program on a national level.

OUTCOME MEASURE(S)

Select the Outcome Measure(s) that were approved for your project.

- ☐ **Outcome 1:** Enhance the competitiveness of specialty crops through increased sales
- ☒ **Outcome 2:** Enhance the competitiveness of specialty crops through increased consumption
- ☒ **Outcome 3:** Enhance the competitiveness of specialty crops through increased access
- ☐ **Outcome 4:** Enhance the competitiveness of specialty crops through greater capacity of sustainable practices of specialty crop production resulting in increased yield, reduced inputs, increased efficiency, increased economic return, and/or conservation of resources
- ☐ **Outcome 5:** Enhance the competitiveness of specialty crops through more sustainable, diverse, and resilient specialty crop systems
- ☐ **Outcome 6:** Enhance the competitiveness of specialty crops through increasing the number of viable technologies to improve food safety
- ☐ **Outcome 7:** Enhance the competitiveness of specialty crops through increased understanding of the ecology of threats to food safety from microbial and chemical sources
- ☒ **Outcome 8:** Enhance the competitiveness of specialty crops through enhancing or improving the economy as a result of specialty crop development

OUTCOME INDICATOR(S)

Provide the indicator approved for your project and the related quantifiable result. If you have multiple outcomes and/or indicators, repeat this for each outcome/indicator (add more rows as needed).

#	Outcome and Indicator	Quantifiable Results
1	Outcome 2: Enhance the competitiveness of specialty crops through increased consumption	CRYP reached 114 teens through Food Sovereignty (2020: 44 2021: 25 2022: 29) and Social Enterprise Internships (2020: 6 2021:5

Indicator 1.A: Of the 80 teens reached, 80 gained knowledge about eating more specialty crops Indicator 1.C: Of the 1,200 youth reached through daily healthy snacks, 1,200 reported eating more specialty crops Indicator 4: 24 new specialty crops and/or crop products introduced to consumers through the Keya Café, Key Gift Shop and Keya Food Truck	2022: 5) and all gained more knowledge about eating specialty crops. CRYP reached over 2,000 unique youth through evening meals, snacks and community meals all of which were made with a specialty crop. CRYP harvested over 50 varieties of fruit and vegetables as well as a traditional herb garden and an orchard with fruits found on the prairie like chokecherry, sand cherry and wild plum. The closure of the Keya Café and delayed opening of the Food & Coffee Truck impeded our ability to introduce new food items to the community, though through the Harvest Festival Dinner, a large scale community meal, held drive thru style again this year, we served dishes made with specialty crops. Harvested crop varieties included: 1. Asparagus 2. Zucchini 3. Lettuce 4. Banana Peppers 5. Onions 6. Crooked Neck Squash 7. Cucumber 8. Radishes 9. Sand Cherries 10. White Onions 11. Red Onions 12. Chives 13. Eggplant 14. Watermelons 15. Jalapenos 16. Choke Cherries 17. Poblano peppers 18. Yellow Peppers 19. Wild Grapes 20. Green Peppers 21. Beets 22. Cherry Tomatoes 23. Beefsteak Tomatoes 24. Grape Tomatoes 25. Yukon Gold Potatoes 26. Red Potatoes 27. Pumpkins 28. Corn 29. Onions 30. Roma Tomatoes 31. Wild Plums 32. Cabbage 33. Potatoes 34. Carrots 35. Raspberries 36. Cantaloupe 37. Spaghetti Squash
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2	Outcome 3: Enhance the competitiveness of specialty crops through increased access Indicator 3.A: 1 farm stand expanded and offered more specialty crops Indicator 4.1: 1 other systems/access points- the Turtle Island Food & Coffee Truck	Due to Covid-19 we were unable to expand access to specialty crops through the farm stand or food truck.
3	Outcome 8: Enhance the competitiveness of specialty crops through enhancing or improving the economy as a result of specialty crop development Indicator 3: 1 job created or maintained Indicator 4: 1 small business maintained/created	Indicators 3 and 4 refer to the Turtle Island Food & Coffee Truck, which was delayed due to staffing shortages caused by Covid-19.
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DATA COLLECTION

Explain what data was collected, how it was collected, the evaluation methods used, and how the data was analyzed to derive the quantifiable indicator.

Data collected include pounds of food harvested, volume of food processed into value added products, number of interns, number of varieties planted and number of meals served. Interns wrote in their journals about their experiences in the internship.

FEDERAL PROJECT EXPENDITURES

EXPENDITURES

Cost Category	Amount Approved in Budget	Actual Federal Expenditures (Federal Funds ONLY)
Personnel	\$10,100	\$8,450.71
Fringe Benefits	\$1,616	\$3,265.29
Travel	0	0
Equipment	0	0
Supplies	\$4,000	\$4,000
Contractual	\$2,000	\$2,000
Other	\$10,000	\$10,000

Cost Category	Amount Approved in Budget	Actual Federal Expenditures (Federal Funds ONLY)
Direct Costs Sub-Total	\$27,716	
Indirect Costs	\$2,208	\$2,208
Total Federal Costs	\$29,924	\$29,924

PROGRAM INCOME (IF APPLICABLE)

The Cheyenne River Youth Project's first performance period report for 9/29/2019-9/30/2020 reported a FY20 (July 1, 2019-June 30, 2020) annual compilation of \$65,928 in net sales earned from the ongoing activities of the Keya Cafe and Keya Gift Shop & E-store. However, this amount was inclusive of the Keya Cafe and Gift Shop revenues, neither of which are part of the grant, which focused on the launch and operation of the Keya Food Truck. In the grant, the estimated income was reflective of the Food truck only, which has yet to open because of Covid, and to the Leading Lady Farm Stand, which was closed also due to Covid. Last year we amended the Year 1 report to show \$0 in program income and did not indicate program income for Year 2. \$0 in Program Income was earned as a result of this grant.

Source/Nature (i.e., registration fees)	Amount Approved in Budget	Actual Amount Earned
1.N/A		
2.		
3.		
Total Program Income Earned		

Use of Program Income

Describe how the earned program income was used to further the objectives of this project.

N/A

ADDITIONAL INFORMATION

Provide additional information available (i.e., publications, websites, photographs) that is not applicable to any of the prior sections.